

PARISH PUMP

No 362

parish.pump@gmail.com

APRIL 2023



Spring is really here—at last!!



Philip's bees

Please note that pages 17 and 18 can be a pull-out supplement and distributed to anyone who would benefit from the information given. Also the information can be obtained by emailing us at parish.pump@gmail.com

**Clare Tour Guides | Guided Tours of Clare,
Suffolk's smallest town.**

www.claretourguides.co.uk

**BRINGING TO LIFE CLARE'S RICH
AND FASCINATING HERITAGE**

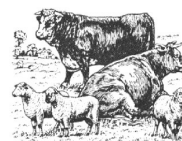
Learn the secrets of the town's 1000 year
history.

Join Clare Tour Guides to learn the secrets of
the town's 1000 year history, from Anglo
Saxon settlement to the present day. Taking in
the castle, Clare Priory, many listed buildings
and the railway, the tour brings to life Clare's
rich and fascinating heritage. Our public tours
run from April (or Easter if earlier) until the
end of October,

These can be booked at the website above. Private tours are also
available by appointment

Email us at info@clarecastlecountrypark.co.uk or call 01787
277902 to arrange

J.R. HUMPHREY & SONS
YOUR LOCAL FAMILY BUTCHER



**Always a fine selection of meats,
cheeses, dairy products, poultry and
smoked hams**

**5, Market Hill, Clare, Suffolk.
Telephone 01787-277294**



Guided walks in the beautiful
countryside of West Suffolk and the
Upper Stour Valley. Last Sunday of
every month.

Meet at Little Bradley Church, CB9
7JD, for a 10:30 start. £5 per walker.

www.westsuffolkwalks.co.uk; info@westsuffolkwalks.

For our February Meeting our local artist, Amanda Barrett, came to give a demonstration on how to compose a small oil painting. Amanda was working from a photograph which she had cropped to find the best perspective explaining the "rule of three". By dividing the picture into three segments the painting becomes more manageable. With oil painting it is better to begin with the darkest sections of the picture and work through to the lighter parts. As she worked Amanda talked about how she enjoys working out of doors especially and told stories of places she has visited. This is not always in the countryside however and she told us of a trip to London with a group of artists who set up outside Fortnum and Mason to paint the storefront. Being desperate for a cup of coffee she asked the doorman if she could have one from the cafe. Describing how she was

**Wickhambrook WI Monthly Meeting
MEET THE LOCAL ARTIST -
AMANDA BARRETT**



dressed in old clothes which were covered in paint and dragging a trolley with all her painting equipment on board, she didn't hold up much hope. However, the doorman duly brought her a coffee but then asked could she please drink it round the corner out of sight! By the end of the session the small oil painting was taking shape and we had been given several tips on how to achieve different effects using basic tools such as tooth picks. Amanda then very kindly judged the competition which was to produce a small oil painting, watercolour or piece of art. Several pieces of work had been entered but the winner was our president who had produced a pen and ink drawing. We all left feeling inspired to nurture our hidden Michelangelo!



Tank Replacement Specialists
 Plastic & Steel Tanks
 Base Construction
 Tank Removal/ Disposal Service
 Oil Boiler Servicing & Breakdowns
 DBS (CRB) checked & Fully Insured

01440 820267

info@suffolkoilsolutions.co.uk
 or call Mark on 07775 953555



£ We Sell HEATING OIL email us for competitive daily price



Prices for advertising in this magazine			
INSIDE PAGES			
	Price for the period		Price per issue
	12 months	6 months	individual advert
Eighth page	£ 87	£48	£ 10
Quarter page	£ 175	£ 95	£ 19
Half page	£263	£142	£ 32
Full page	£ 440	£ 242	£50
FRONT PAGE			
	Price for the period		Price per issue
	12 months	6 months	individual advert
Eighth page	£ 250	£ 135	£ 27
Quarter page	£ 480	£ 250	£ 50
BACK PAGE			
	Price for the period		Price per issue
	12 months	6 months	individual advert
Eighth page	£ 155	£ 83	£ 17
Quarter page	£ 240	£ 135	£ 27
Half page	£ 400	£ 220	£ 40

An Evening with Charlie Haylock on 3rd June at Stradishall Church

On Saturday 3rd June the Stradishall Church Revitalisation Project is hosting an evening with Charlie Haylock entitled “Charlie and The Dig”.

Charlie Haylock is one of Suffolk’s leading entertainers. His informative and hilarious one-man shows are legendary in the county and his books have all been best sellers.

If you have seen Netflix's acclaimed film, **The Dig**, you may have been struck by just how good the Suffolk accents were and, in particular, that of Ralph Fiennes.

That is all down to Charlie as the dialect coach to Ralph and the cast.

The evening will be an intriguing and humorous look behind-the-scenes in the making of the "The Dig". Charlie will explain how a potential "scam" email from "The Dig" producer turned out to be real, and followed by a phone call from Ralph Fiennes.

Charlie will show how Ralph, who played Basil Brown, and the other Suffolk actors learnt their Suffolk accent and not to sound like West Country pirates. Charlie will also explain the extreme lengths Ralph Fiennes took, not only to play Basil Brown but to become Basil Brown.

An enjoyable evening for both adults and children, under 16's to be accompanied by an adult.

Tickets are £10 per person and include cheese and biscuits. Tea and coffee will be available for a £2 charge. If you fancy a glass of something on the night that is absolutely fine but it is BYO.

Doors will open at 7pm and the talk will start at 7.30pm.

For tickets and any other enquiries please contact either Tina on 01440 820954 email tinalee53@btinternet.com or Judi 01440 821843 email judi.gladwell@btinternet.com



**Ticket Price £10 per head
 includes cheese and biscuits
 BYO wine and beer. Tea and Coffee £2.**

STANSFIELD FOR YOU

Stansfield Easter Egg Trail & Dog Walk



Easter Saturday 8th April



1.45pm for 2pm start
at
Stansfield Village Hall

Enjoy walking around our beautiful village
Easter eggs hidden along the route
Great for children, dogs and walkers!

£10 per family - £5 per person

Tea and cake included

For information and tickets contact
friends@stansfieldvillage.org.uk
or 01284 789 192



Stansfield Village Hall Charity No. 304939

Gardeners Get Ready! donations wanted for Stansfield Plant Sale Saturday 20th May



* Calling All Growers *

Could you raise some extra plants this spring
in aid of our church and village hall?
Herbs, flowers, fruit and veg - all gratefully received.

Stansfield Village Hall Charity No 304939

Pop-Up

PUB

Friday 28th April

Stansfield Village Hall
from 6.30pm

Licensed Bar

Cash & Card Accepted

Games
or
bring
your
own



Mobile
Van
Food

Burgers
Chicken
Veggie

Stansfield Village Hall and Playing Field Registered Charity 304939

YOUR Village Hall Needs YOU!

Stansfield Village Hall

New Committee Member Needed
to be our

BOOKING SECRETARY



For further details please contact
01284 789 192
friends@stansfieldvillage.org.uk

Registered Charity 304939



From planning to completion and everything in between



New builds



Period Restoration & Listed Buildings



Extensions



Extensions



Extensions



Outbuildings



Bespoke Work



Landscaping



Alterations

07900 843329 / 01440 423783

robertcharlesharrington@gmail.com

www.robharringtonbuilding.co.uk

Wickhambrook, Suffolk

PLEASE NOTE
At present we send an electronic version of our magazine to about 400 people. If anyone in the villages does not receive the Pump or if you know anyone who would like to have it, please message us with the email address. I will ensure you will be put on the list.

Kind regards, Peter

parish.pump@gmail.com

could you foster?



Stansfield Cricket Club

Stansfield Cricket Club held its AGM at Hawkedon's Queen's Head on 1st March, when fixtures for the forthcoming season were unveiled. There will be 12 friendly games against 9 clubs this year, with the traditional opener away at Chippenham on 7th May. Matches follow against Old Newton, Barrow, Chapple and Wakes Colne, Whepstead, Wickham St Pauls, Milden, Reach and finally Rain Men on 10th September. As far as officials for 2023 are concerned, Jake Lakey was confirmed as Honorary President; Robin Sharp was re-elected Treasurer/Secretary; Sean Spearman as Fixture Secretary; Freddie Guiry as Match Team Manager. The Club Captain once more will be Simon Stone, with Matt Clayton and Freddie Guiry as

Joint Vice-Captains. Ground Maintenance Co-ordination will be undertaken by Sean Spearman and Nick Burton. Ann Watson was invited – and has accepted - to



continue in her role as Cricket Teas Co-ordinator.

Annual membership subscriptions will be £25 per member for 2023, with match fees £5 per game.

Last year's Annual Awards Curry Supper was so popular and successful that this will be repeated in 2023, to take place at Stansfield Village Hall on Saturday 15th April from 7.30pm. It's not just for cricketers: all residents of Stansfield and surrounding villages are welcome, to celebrate cricketing achievements of 2022 of course, but generally to have a very good time! Tickets are just £12 per person, to include a range of curries to suit tastes and preferences. For further details and to reserve a ticket contact:

Nick Burton ~ 07979 590235; Robin Sharp ~ 07941 487219; Sean Spearman ~ 07814 661797; Jake & Sandra Lakey ~ 01284 789457 – or any SCC member. See you there! **ROBIN SHARP**



Martin Kinna

We may have landed in a muddle in this confusion year but there must be hope.

We may have landed in a muddle in this confusion year but there must be hope.

So big winds and finally some water but the year still seems at odds with itself. Inflation, definite hardship, unhappiness and parliamentary confusion are the order of the day. Boris, Northern Ireland, Climate disasters,, hunger, water pollution. Where have we landed ? In sad times it seems. Whichever Channels we watch on our evening televisions they all seem to bring us sad news.

I have now reached the stage of life that Shakespeare described in the Seven Ages of Man as that of the Slippered Pantaloon. Less does this once able school sprinter run but shuffles monthly to collect his doses of pills from the local pharmacy. I get irritated by the grammar of younger people. It's NOT "Me and Julie" it is "Julie and I" ! The blood boils! Bette Davies once said that old age is not for sissies. How correct.

And yet ! There are some wonderful things around us. Not just the wonders of nature, the catkins, the buds on the trees, the greening of the fields but also some marvellously hopeful, delightful, inspiring, moving and wonderful things that give us huge hope and happiness.

As an Ancient I often watch **The Repair**

Shop on television on my quieter evenings and in March there was a totally inspiring programme in which a father's built kayak was brought in to remind his sons of his fun and life, an old chair came for restoration but most importantly an elderly lady came in with a sadly crumpled old oil painting on canvas. This beautiful person had been born in Ukraine. Her grandfather gave it to one of his sons on his ordination, a picture of the Madonna and the baby Jesus.

This picture went with the young priest as he fulfilled his Ministry until the build up to the War when all goes wrong.

The family hits the horrors of displacement, death camps, and this picture, that had been hung in the local village church, was taken down by the family, taken off its stretchers and sewn into the lining of the coat the grandmother was allowed to wear into the death camp. Creased, damaged, soiled and spoiled, it survived through the horrors the family endured. Eventually despite all sorts of privations it ended up in Germany after the war and came finally to England with a scion of the original family.

It was brought to the picture restorer on the programme by a beautiful elderly lady who spoke good English but came from the original complicated family that

had been much displaced, abused and buffeted by the fortunes of war within our own life times.

She told the story of all her family had gone through, calmly and with fortitude and love. Her wish was to have the picture restored to some of its former wonder and her hope, at the last stages of her life, to return it to her original country, the Ukraine. It was a simple wish, born of honesty, sincerity and love.

The elderly lady retained a faith, a family love, a sincerity and a simplicity that were totally moving and in doing so she showed an inner beauty of all that is fine, uplifting and a total joy about life. She could have been of any nationality, faith or heritage but she was exactly like you and me with an honest love and respect of humanity and her roots.

It is, as an old man, that I find these moments to be so life affirming and supersede the confusions and the muddles and petty frustrations of our present times.

April is here now. May it's promise of life and growth rekindle what is good here and help us to overcome this muddlesome year. I said I was to going to tell you about some of our wonderful churches this month. Maybe next time.

Good News for Good Neighbours in Stansfield

Anyone in the village may soon be able to access help and information by simply dialling one number

A one stop shop idea for anyone living in **Stansfield** to access both practical help and information has been given the go ahead.

Grant funding is to be given for the start-up year of a **Good Neighbour Scheme**, under which a group of volunteers will hold a dedicated mobile phone to answer calls for help and advice or information. A variety of small practical tasks in the home, or collecting shopping, a lift to a doctor or hospital appointment, filling in forms...or just a chat and some company, will be amongst the kind of help on offer. At their meeting in March, Stansfield

Parish Council voted unanimously in favour of up to £1000 grant funding from West Suffolk Council, originally given towards a now scrapped housing survey, to be given to start the Good Neighbour Scheme.

The Stansfield Good Neighbour Scheme will be part of a regional network and one of many schemes nationally. These schemes are, in some locations, called **Village Care Schemes**. All volunteers are given training, access to a fund of useful help and information sources, and are DBS checked and insured.

Around 12 people have volunteered, but more are needed. We know there are many good neighbours in Stansfield already, but if your regular good neighbour was unavailable when you needed help, who would you ask? If you feel able to offer help of any sort, make any suggestions or just want to find out more, please ring

Pat on 07827 128511.

Stradishall Parish Council News

A meeting of **Stradishall Parish Council** took place on Monday 6th March 2023. District Councillor Karen Richardson attended the meeting along with four members of the public. Items on the agenda included approving final information for the internal audit of the Parish Council's accounts, including a review of the budget.

Public session

Natalie Jepson and Louise Latache from the Highpoint's Resident's Association (HERA) introduced themselves and spoke about their willingness to work with Stradishall Parish Council and to have closer links between Stradishall village and the Highpoint Estate. Councillors welcomed this and said that they too were keen to forge closer ties with HERA and the Highpoint Estate.

Stradishall Parish Council is working with HERA to apply for locality funding from West Suffolk Council to buy a new noticeboard for the Highpoint Estate.

Reports from County Councillor Bobby Bennett and District Councillor Karen Richard

Their reports have been uploaded on the Parish Council's website at <http://stradishall.onesuffolk.net/about-us/meetings/meetings-reports/6th-march-2023/> along with other documents discussed at the meeting.

New polling station for Stradishall

The polling station for the parish and district council elections on 4th May elections is the Training and Conference Centre at Stirling House in Stradishall. [The postcode is](#) CB8 9YL. From Stradishall village and the Highpoint Estate, head towards Haverhill on the A143. Stirling House is on the left on the very sharp 'S' bend past Highpoint Prison.

Voter ID required for the parish and district council elections on 4th May.

The May elections will be the first time electors will need to take photo ID when they vote at a polling station. For information about the types of ID which will be accepted at a polling station visit the West Suffolk Council website <https://www.westsuffolk.gov.uk/council/elections/voter-identification.cfm?aud=council>

If you don't have an accepted form of photo ID

You can apply for a free voter ID document, known as a Voter Authority Certificate. If you haven't done so already, you will need to register to vote before applying for a Voter Authority Certificate. You can apply for a Voter Authority Certificate online <https://www.gov.uk/apply-for-photo-id-voter-authority-certificate>.

If you need any help with applying for a Voter Authority Certificate or want to request a paper application form, contact the West Suffolk Council Electoral Services team on 01284 757131 or email elections@westsuffolk.gov.uk

Annual Parish Meeting

Stradishall's Annual Parish Meeting will take place on Wednesday 10th May 2023 at 7pm in Café 33. This is a village meeting, not a parish council meeting, and residents of Stradishall are warmly invited to attend. Why not come along and find out more about what is happening in Stradishall and meet your local councillors and representatives from other village organisations?

There will also be an open discussion about any issues raised by members of the public.

Dates of future meetings

Wednesday 10th May 2023 Monday 10th July 2023
Monday 4th September 2023 Monday 6th November 2023
Monday 8th January 2024 Monday 4th March 2024

Meetings usually start at 7pm and take place in Café 33.

Dates for your diary

6th May 2023 – Event to celebrate the King's coronation. Details will be advertised nearer the time.
13th May - Tractor run followed by a get-together on Stradishall playing field. Again, details will be advertised nearer the time.

JONATHAN DABBS STRADISHALL SERVICE STATION Bury Road Stradishall CB9 7UU (A143 NEXT TO HIGHPOINT)

We offer: free collection and delivery, free transportation if vehicle needs to be put on trailer, free loan car. All quotes are written with no obligation.

We offer free tea coffee or soft drinks in our refurbished viewing area.

We carry out a free exterior valet when your vehicle is in for a service.

Trade or car club enquiries are very welcome. We cater for many at present. MOTS available 6 days a week, so pay us a visit. I think you will be surprised at the difference. Extra



discount on production of our advert. We can be contacted on: Phone 01440 820391 or 07951556113. Email stradishallservice@yahoo.com Please ask for Adrian, Service Manager

SERVICING-MOTS-DIAGNOSTICS-TYRES-EXHAUSTS-CLUTCHES-TIMING BELTS-AIR CON REGAS AND CAR SALES. The fuel supply is now a separate business to us and is open now 7 DAYS a week.

Spitfire Mowers Sales-service-repairs

ASPEN-Long life fuel for small engines
From Strimmers to Chainsaws, Hedge Cutters to Mowers

Industrial to domestic we have it covered

We have access to 1000's of Parts

www.spitfiremowers.co.uk

Find us at Unit 4B Clockhouse Farm, Cavendish Lane CO10 7PZ

Phone us on 01787736618



Contact details for Stradishall Parish Council

Tel: 07880 686069

Email: stradishallparishcouncil@yahoo.co.uk Website: www.stradishall.onesuffolk.net

Wickhambrook Neighbourhood Plan

NEIGHBOURHOOD PLAN - 2023



“Your village,
your voice,
your future . . .”

Wickhambrook
Neighbourhood Plan
- development proposals

We need your feedback by 16 April 2023

March 2023 - The Wickhambrook Neighbourhood Plan Working Group has continued to be busy. Since you last saw us at the flower show in the summer, West Suffolk Council finished its consultation on their preferred site for building 40 homes and other buildings, to which we and the parish council provided a detailed response. The land alongside Bunters Road is now West Suffolk Council's preferred location for any new homes and other premises in our parish. You can also find the [Design](#)

[Code](#) on our web pages (see published documents) which will help shape the way any new development looks and give guidance to any new building and importantly will be part of our Neighbourhood Plan.

Finally, the group has been working with AECOM to provide a Development Plan, of the new site at Bunters Road. Our consultation on the draft options for this site goes live on 30th March, and you should soon receive a detailed leaflet on the options identified by AECOM,

together with a tear off questionnaire for you to submit your views, which you can leave in the collecting box in the old BT phone box near the shop. Alternatively, you can complete the survey by [going online](#), or e-mailing the working group at neighbourhoodplan@wickhambrook.org.uk. However you choose to respond, please let us have your feedback by 16 April 2023.

**The Wickhambrook
Neighbourhood
Plan**

Your village
Your voice
Your future

<https://wickhambrook.org/neighbourhood-plan/>



Wickhambrook Parish Council

HONEY BEES IN SPRING By local beekeeper, Philip Draycott

When spring does eventually arrive and temperatures are 10 to 20 degrees, the winter cluster (described in the Jan/Feb Parish Pump) breaks up for about the next six months and bees take on their normal duties. Fresh nectar and pollen are in abundance and when workers bring both back, these stimulate the queen to lay more and more eggs – up to 2000 per day. These become workers in three weeks so colony strength rises rapidly during April and May, coinciding with flowering of many plants, shrubs and trees. Most important sources of nectar

and pollen now are viburnum (ours are covered with bees on sunny days), alder, poplar, gorse, and yew. Next we shall see wild plum, blackthorn, wallflowers (my favourite garden plant due to colour, scent and attractiveness to bees), cherry, and hawthorn (May blossom). When the arable fields of autumn-sown oilseed rape show yellow, beekeepers know this is potentially the start of honey production for the year. In preparation for the new season's honey, beekeepers open their hives for the first time in late March or early April on a warm sunny day to check

colonies have sufficient food should a long cold spell of weather come along, also that bees and brood are healthy and the queen is laying normally. If food is running low, a solution of white sugar is provided until the weather improves, otherwise the colony might die out. If all is well the beekeeper provides more space for fresh honey to be made from the incoming nectar and stored away. In a good season like 2022, there is plenty for the bees' needs and a surplus for the beekeeper.



Wickhambrook Parish Council

Hello, I hope you are all keeping safe and well. I've enjoyed some lovely weekends working in the garden and it really seems that spring is around the corner. At the end of February we planted seven flowering cherry trees in Wickhambrook Cemetery. Thanks go out to all our volunteers for their help and good cheer on the day!



Hilary Workman



Image by Jim and Gwen Ashling



Volunteers planting the Cherry Trees in Wickhambrook Cemetery as part of Queen's Green Canopy© Wickhambrook Parish Council

The parish council bought the trees as part of the [Queen's Green Canopy](#) project. We'll be adding an image to the QPG map of the trees.

We had very mixed weather, including a very short sharp hailstorm, followed by brilliant clear skies and a rainbow, which inspired me to use this lovely image supplied by Jim and Gwen Ashling as part of the Neighbourhood Plan call for images of [Wickhambrook Parish](#).

April signals the start of a new financial year in the clerk's calendar, with preparation of accounts for the past financial year, and submission of all the documents for the annual audit. This year too, we have the run up to the parish and district elections, which will take place on Thursday 4th May

Don't forget to check that you're already on the electoral register - a list of names and addresses of everyone who is entitled to vote (contact your [local Electoral Registration Office](#)).

If you're not already on the Register of Electors, you can use the .GOV.UK pages to Register to vote online at <https://www.gov.uk/register-to-vote>, it takes about 5 minutes. The deadline to register to vote in these elections is 11:59pm on Monday 17 April.

Don't forget that this year, for the first time, you'll need voter ID to vote at a polling station – you can apply for [voter ID](#) until 25th April.

For more information about the parish and district elections, including timetables and how to access nomination papers, follow this link to our [parish elections page](#) on the website.

March was a busy month, with the first of our volunteer days tidying in the Cemetery. Thanks go out to Mary Jolland and Roger Medley who braved

the cold! We got a lot done, clearing the leaves from the new hedge alongside the footpath, and between the yews leading to the Memorial Garden and the main cemetery. We also cut back some of the brambles in the yew trees and started a compost heap. An added bonus were the lovely spring flowers just starting to show.



We plan to hold regular volunteer days to help keep the cemetery neat and tidy on the first Wednesday of the month (follow this link to sign up: <https://forms.gle/TdFtWdFqszmNeHhPA>). We also have two further litter picks scheduled for Sunday 23rd July and Sunday 29th October. The Neighbourhood Plan Working Group have been busy as they continue to prepare the Draft Neighbourhood Plan. Please visit the NP pages on the website at <https://wickhambrook.org/neighbourhood-plan/> for more information.

At its [February meeting](#), the parish council:

Considered an [update on Neighbourhood Planning](#) Reviewed [income and expenditure against budget](#)

Approved renewal of Parish Council Insurance for the next financial year

Agreed [Charitable Donations](#) for the current financial year

Agreed to move to [accept Wickhambrook Memorial Clock as a parish asset](#) Agreed the purchase of a [Wooden Senior Goal End and Basket ball hoop](#) for the old Multi Use Games Area

Gardening with Climate Change

Save the Date

12 August 2023
West Wickham village hall, High St.,
West Wickham, CB21 4SB



Climate change is underway and accelerating. In the UK, 2022 was the warmest year ever, with temperatures reaching 40 deg C in East Anglia. To gardeners, the effects of this unpredictable weather are already clear. Flowers are blooming earlier, watering is more challenging, and plants have succumbed either to the drought or to early frosts. And our own behaviour is changing too – increasingly we sit in the

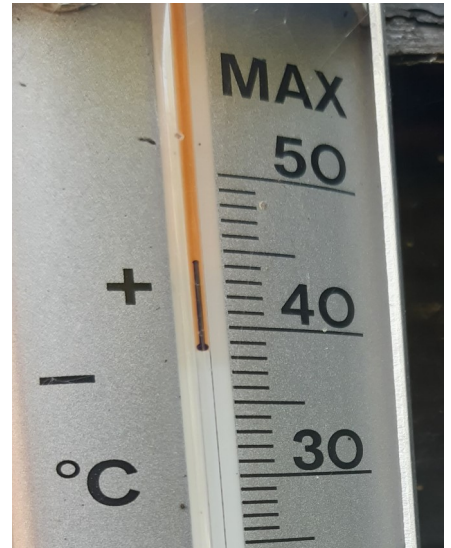
shade, rather than in full sun.

To share our experiences about the impact of climate change, and how we can best adapt to it and reduce its impact, a group of gardeners from clubs in Cambridgeshire, Suffolk and Essex, are



organising the day. It is a not-for-profit event, and entrance will be free to attendees.

The morning session will consist of presentations from three expert and stimulating speakers covering climate change itself, how we can adapt our gardening to a changing climate, and finally, how we can increase the wildlife



potential of our gardens. The afternoon will build on the morning's talks, with stands, displays, activities, discussions, plant sales, book sale, advice, children's activities, refreshments, and more.

We are just establishing our Facebook and website profiles, in order to keep you up-to-date on developments. We will share those with you as soon as they are ready.

In the meanwhile, enjoy your gardens, and we look forward to seeing you in August!

Contact email: sueboase@hotmail.co.uk

disappointed with your website?
or looking for your first ...



mdsign
website design

mdsign.co.uk | coffee@mdsign.co.uk | 01440 820222

Stansfield Cricket Club



Annual Curry Supper and Presentation Evening

Saturday 15th April 2023 from 7.30pm
Stansfield Village Hall

JUST £12 per person, including a
variety of curries + licensed bar

Booking Essential

Tickets/info:

Nick Burton (07979 590235); Sean Spearman (07814 661797); Robin Sharp (017941 487219); Jake & Sandra Lakey (01284 789457)

PLEASE ADVISE US OF ANY DIETARY PREFERENCES OR ALLERGIES IN ADVANCE SO WE CAN CATER FOR YOU

Jeff Fellows, wine connoisseur



Well spring has sprung and Easter is looming up fast. Time to refresh palate's from the big beefy wines of the last few months and try lighter more aromatic wines.

As always the traditional meals served during the long weekend holiday would be Salmon and or a leg of lamb.

An aperitif is the ideal way to start. Something light and fizzy to tickle your taste buds.

Recently tried some Pol Roger Champagne, Winston Churchill's favourite, medium dry and with subdued citrus note. First class whereas some others, e.g. Moet, were rather underwhelming. Anyway no need to lash out there are bottles nearly as good at reasonable prices. Here are some examples to try, Tesco have a Cremant de Loire. Dry with flowery notes to it. £12 12%. Sainsburys have the usual Prosecco's but they also have a Cremant de Loire for £10.50. Lidl's C de Loire is £9 and 12% which is not too dry. Arguably the best value is the Cuvee Royale Cremant de Limoux which is light and fresh with biscuit tone and citrus on

the palate. Down to £9.99 12.5% at Waitrose. It really must be a Chardonnay with the Salmon. I would always look for one from the Macon. Montrachet would be better but we have to be sensible. Tesco and Sainsbury's have nothing to offer. Waitrose have a selection of wines from that area. Macon-Aze is down £3 to £10.99 and 12.5% and is a satisfying rounded wine. A better option is their Cave de Lugny Les Charmes Macon-Lugny is now at £10.50, from £15.99, and is 13%.

Has to be a left bank Bordeaux, or similar, with the lamb to give that tannic background to counteract the rich meat. Tesco have a S African wine worth trying. Vergelen, a long established winery which is a medium bodied wine with red berry taste and matured in oak. £10 and 14%. Aldi have a Ribera de Duero which is lighter in body with a dry finish. £7.50 13.5%. Waitrose have a full bodied Bordeaux Superieur Tour Chapoux which is £9.39 and plenty of alcohol at 14%.

Once again Waitrose have the best offer. This is a Baron des Tours from the Medoc, the left bank of Bordeaux where the predominate grape is Cabernet Sauvignon which gives the wine its blackcurrant notes. A hefty 14% and worth splashing out the £11.99 price. **Jeff**



WICKHAMBROOK
HORTICULTURAL SUMMER
OUTING

SANDRINGHAM FLOWER SHOW
AND GARDENS

WEDNESDAY JULY 26

COACH LEAVES WICKHAMBROOK
MSC CAR PARK 9AM.

TOTAL COST £40

EVERYONE WELCOME

TO BOOK OR FOR MORE DETAILS
PHONE DEIRDRE

01440 820747



KT GRIDLEY
GENERAL BUILDING

All types of building works undertaken

Groundworks
Cart-lodges and Extensions
Brickwork, Blockwork and Flint Walls
Garden Fencing, Paths and Patios
Maintenance and Repairs

Springbank, Stansfield, CO10 8LP
Tel: 01284 789309 Mobile: 07702 265425
E: kevin.gridley12@gmail.com

FRESH FISH • SMOKED FISH • SHELL FISH



☎ 01787 377768

WEDNESDAY

Willow Tree Farm Shop
9am-1pm

THURSDAY

Coggeshall 7.30am-12.30pm
Long Melford 2.30pm-5pm

FRIDAY

Clare Market Hill 8am-10am
Lavenham Market Place 11am-1pm
Depden 2-4pm





CLASP CAR AID who are we?



CLASP was founded in Clare in 1984 to serve those in Clare and the surrounding villages who might be in need of help and support, as well as being involved in a number of worthwhile local activities. **CLASP operates**

CAR AID

A pool of about 20 volunteer drivers take “clients” needing transport from their homes in the Clare area to hospitals, doctors, dentists or other medical practices. **This is free of charge**, but many clients make voluntary contributions to petrol costs. Contact John Webb on [07724 698283](tel:07724698283).

The CLASP MINIBUS,

Operated by qualified volunteer drivers, is available for hire at very modest rates for use by local organisations. It also collects “clients” from Clare to take shopping to **Supermarkets in Haverhill**, generally on a Tuesday, for which a small charge is made. For more information contact the Senior Centre Phone [07561 115158](tel:07561115158).

FUND-RAISING EVENTS

Are also organised by CLASP, principally Table Sales in the Clare Town Hall seven to eight times per year, not only to help fund the activities mentioned above, but also to make donations to other local worthwhile causes, such as recently committing to the part funding of a defibrillator for use in Clare.

CLASP is totally managed and run by **VOLUNTEERS** and is always delighted to welcome new people to assist with its activities. Despite having existed in Clare for many years it is surprising how many residents of the Clare and surrounding area seem to be unaware of the services CLASP provides, and it is hoped that viewing this article will encourage local residents to take advantage of and/or assist with CLASP’s charitable work.



SUFFOLK FRAMING @
www.seapicturesgallery.com

For advice on restoration, conservation and framing, come and talk to us for a quote.

Well House | Well Lane | Clare | Suffolk | CO10 8NH
[01787 279024](tel:01787279024) | sarah.alaric@seapicturesgallery.com



Organic seasonal Suffolk grown veg boxes delivered direct to your doorstep



To order, visit our website
www.sunshineandgreen.co.uk



Follow the story of your food from seed to your doorstep on social media @sunshineandgreen

Services for April 2023

<https://www.bansfieldbenefice.org.uk/services/>

Date	Time	Church	Details
02 Apr	10:00 am	Stradishall  (Palm Sunday HC)	Celebrant: Revd Eve Bell Organist: [SL] Liturgical colour: ●
07 Apr	10:00 am	Wickhambrook* (Good Friday Walk of Witness)	Celebrant: Revd Eve Bell Organist: [] Liturgical colour: ●
07 Apr	03:00 pm	Lidgate** (Good Friday Stations of the Cross)	Celebrant: Revd Eve Bell Organist: [] Liturgical colour: ●
09 Apr	10:00 am	Lidgate (Easter Day HC)	Celebrant: Revd Eve Bell Organist: [SL] Liturgical colour: ○
16 Apr	10:00 am	Ousden (Second Sunday of Easter HC)	Celebrant: Revd Eve Bell Organist: [DO] Liturgical colour: ○
23 Apr	10:00 am	Cowlinge  (Third Sunday of Easter HC)	Celebrant: Revd Eve Bell Organist: [] Liturgical colour: ○
30 Apr	10:00 am	Stansfield (Fourth Sunday of Easter HC)	Celebrant: Revd Eve Bell Organist: [KI] Liturgical colour: ○

Year A

*Walk of Witness - From the Wickhambrook Memorial Social Club car park to the Methodist church.

**Reflections on Jesus' last hours up to his crucifixion.

HC = Holy Communion; CW = Common Worship Order One; BCP = Book of Common Prayer;
SOP = Songs of Praise. MP = Morning Prayer; CWOT = Common Worship Order Two
[Organist's initials]
Elders: FE = Fiona Evans; PB = Paul Bevan



CLARE LIBRARY PRESENTS
BRYAN THURLOW

AS

THE PERRENIAL MR POTTER
THE STORY OF A SUFFOLK GARDENER



FRI 2 JUNE TOWN HALL
DOORS OPEN 7PM - TALK 8PM


PLANT SALE
TALK/RAFFLE/BAR
ANNUAL FUNDRAISER

TICKETS AVAILABLE AT
THE LIBRARY £7.50
01787-277702

clare.library@suffolklibraries.co.uk



WHO'S WHO AT YOUR CHURCH

 BENEFICE	CHURCH	INCUMBENT VICAR	CONTACT	ELDERS AND OFFICIALS
BANSFIELD	COWLINGE	THE REVD EVE BELL	07815441304	Dr Paul Bevan Mrs Fiona Evans
	DENSTON			
	LIDGATE			
	OUSDEN			
	STANSFIELD			
	STRADISHALL			
STOUR VALLEY	CLARE	THE REVD MARK WOODROW	01787277515	
	POSLINGFORD			
SUFFOLK HEIGHTS	HAWKEDON	THE REVD CLIVE FAIR-CLOUGH	01284615828	

THURSTON END - there is no Anglican church in this village

Information on all the above churches can be obtained on the benefice websites



COPY DEADLINE

Come on everyone—you know the rules!
Now we have a printed edition of PARISH PUMP could all contributors & advertisers please submit copy no later than the 21st of the month





CLARE LIAISON AND SUPPORT PROJECT
(Charity No. 1029710)
2023 FUNDRAISING

TABLE SALES
CLARE TOWN HALL, 9.30 am to 1.00 pm.
On the following Saturdays:

- March 18*
- May 20*
- July 8
- August 29
- September 23*
- October 21*
- November 18*

*Dates coincide with Clare Market
FOR INFORMATION AND TABLE BOOKINGS;
TEL. **07724698283**

email; ek1000@btinternet.com
TABLES **£9** (+ Tombola Prize Donation) **Double table**
£15
Tables are provided; size: 6' x 2'

DOORS OPEN TO
TABLE HOLDERS 8.45 am
REFRESHMENTS and TOMBOLA
in aid of CLASP

STRADISHALL CHURCH REVITALISATION PROJECT

Tractor Road Run

Saturday 13 May 2023

Meeting at Stradishall Playing Field
at 10am to Leave at 10:30am

£20 per Vehicle
including BBQ on Return

EVERYONE WELCOME
Come and See the Classic and Vintage
Tractors and have a BBQ

BBQ open for All from 12:30



For more details and to
book a place please
contact Adrian or Tina
07836773893
01440 820954

A.W.S. COUNSELLING SERVICE.
POSTMASTER'S OFFICE, ORCHARD HOUSE, BROCKLEY GREEN, HUNDON SUFFOLK CO10 8DT.

COUNSELLING
BECAUSE LIFE'S NOT BLACK AND WHITE.

Professional.
Confidential.
Effective.

Wendy Ansell.

INT. Dip., P.E.H.P., C.C.S., Cert.CBT, Cert.MBACP, MNCS(Acc)

PHONE:- 0797 777234

We're here if
you need help



We have lots
of ways to help
you and your
loved ones.



If you're finding it difficult to pay, we offer:

Discounted
tariffs

Assistance
schemes

Affordable
payment plans

Our **Priority Services Register** can help lots of different people with free practical support, such as:

Letting you know about upcoming work in your area and help if your water goes off

Helping protect you against bogus callers, which includes setting a password for your account

Sending bills in different formats and communicating with you in your preferred language

Find out more

anglianwater.co.uk/watercare

0800 011 3774

BSL anglianwater.co.uk/bsl



Scan here

treeworx est 2005 **NPTC**
QUALIFIED



All aspects of tree surgery undertaken, fully insured and to British standards 3998.

- Crown reductions
- Crown thinning & lifting
- Felling & removal
- Fruit tree pruning
- Hedge work

To discuss your requirements and for a free no obligation quote please call:

CLARE BASED
07796 848928
tree_worx@yahoo.com



Rector's Ramblings – April 2023 (*The least of these*)

Dear Friends,

As we approach Easter, we are reminded of the greatest act of love and sacrifice that ever took place in human history. It is a time for us to reflect on the true meaning of Easter once again and to think about what it means for us as



individuals and as a community.

For many of us, Easter is a time of celebration, marked by family gatherings, perhaps an Easter egg hunt, and, I hope a church service (*for services in your parish church visit*

www.stourvalley.org.uk) But as we celebrate the resurrection of Jesus Christ, we must also remember the teachings of Jesus and his message of love and compassion, as it says in Matthew 25:40 "Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me".

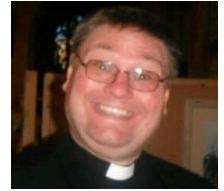
In this benefice, we are fortunate to have

a strong sense of community, and we strive to extend that sense of community to those who may be less fortunate than ourselves, as we have seen in how many opened their homes to those fleeing the war in Ukraine. This Easter, we have an opportunity to extend that sense of community to migrants and refugees who are seeking a safe haven, and better life here in the UK, remembering that many have made dangerous journeys to get here and now are faced with difficult and uncertain futures.

As your Rector, I have over the years seen first-hand the struggles that many refugees and migrants face when they arrive here. Many have left their homes and families behind, hoping for safety from persecution, protection from conflict, and ultimately share the life that we so easily take for granted. Sadly, all too often they are met with hostility and insecurity upon arrival. Many will face discrimination, language barriers, and a lack of resources and practical support. But as Christians, we are called to unconditionally love our neighbours as ourselves, and to care for the least of these among us. This Easter, I encourage all of us to reflect on how we can extend that love and care to our neighbours wherever they have come from or how they have arrived.

One way we can do this is by reaching out and offering our support. This could mean volunteering at a local organisation that works to support refugees and migrants, donating resources or funds to support those in need, or simply offering a listening ear to someone who may be struggling. We can also work to educate ourselves and others about the challenges that refugees and migrants face, and to advocate for policies and practices that promote justice and equality for all. This could mean attending a community event or discussion, writing to local officials or MPs to express our concerns, or simply engaging in respectful dialogue with those who may hold different views. Ultimately, our goal should be to create a welcoming and inclusive community for all, regardless of their background or circumstances. As we celebrate Easter and the message of love and compassion that it represents, let us work towards a more just and equitable society, pray for peace in places of conflict, and help make a world where there is no need for anyone to leave their homes and families to be safe and secure.

May I wish you all a peaceful Easter.
Mark The Revd Mark Woodrow



Happy beginnings, Happy futures.



Happy Days Childcare



- Accept golden tickets for two year olds.
- Offer up to 30 hours funding for preschool children.
 - Open 7am – 6.30pm.
- Dedicated baby room with own garden.
- Wrap around and holiday care for children aged up to 11 years.
 - Fresh, home cooked meals daily.

Based at Stradishall, we are a set in a rural location on convenient commuter routes to Haverhill, Newmarket, Clare and Bury St Edmunds.

01440 820 027

debbie@happy-days-childcare.co.uk

1, Lancaster Way, Stradishall. CB8 9YD.

J.A.P. Architects

Market Hill, Clare, Suffolk CO10 8NN

T: 01787 279490

E: enquiries@japarchitects.co.uk

W: www.japarchitects.co.uk



Established in 1965 J.A.P Architects is an award winning chartered practice.

Our services range from feasibility stage and project conception through to design and detailing, building regulations and, if required, contract administration.

We offer a free first-stage consultation to establish the scope of our client's requirements

WHO'S WHO in YOUR VILLAGE?				
	Chair	Email / telephone	Vice Chair	Clerks
DENSTON	Jeff Fellows	jefffellows.crown@gmail.com 01440 820310		Jeff Fellows
HAWKEDON/ THURSTON END	Vacant			David Jarrold dmj1800@icloud.com
POSLINGFORD	Martin England	poslingforddd@outlook.com 07814 246204	Marc Allison	Chris Turner
STANSFIELD/ ASSINGTON GREEN	Wendy Johnson Houghton	wendyjh.stansfieldpc@gmail.com 01284 789572		Jess Ashbridge stansfieldparishcouncil@yahoo.co.uk
STRADISHALL	Ian Hutchinson	stradishallparishcouncil@yahoo.co.uk	Robert Deeks	Joanna Kirk
CLARE	Margaret Godwin	clerk@clare-suffolk.co.uk 01787277559	Gary Brown	Davina Green
COWLINGE	Linda Aston	lindaaston555@gmail.com	Jane Nesham	John Barnett
WICKHAMBROOK	Mike Lavelle	mike.lavelle@wickhambrook.org.uk	Paul Couzens 07713 740984 paul.couzens@wickhambrook.org.uk	Hilary Workman 07508 039810 parishclerk@wickhambrook.org.uk

CHLOE'S GRUB



Easter is fast approaching and traditionally many of us will enjoy roasted lamb with our families. For us it is no different, we usually have a slow roasted shoulder, roasted vegetables and crispy

potatoes and a good helping of mint sauce with a rich thick gravy and plenty of us around the table too!

It would be a good idea to order your lamb for Easter soon, be it a roast or a different dish. By ordering early you can be assured you'll have your meat in the freezer in time for your Easter celebrations.

Lamb boxes include: Leg (half or whole), Shoulder (half or whole), Chops & Cutlets, Neck, Mince and offal (by choice).
Half box: £105
Whole box: £210

If you have any special requirements/requests for butchery, please speak to me, I may be able to tweak orders accordingly by arranging your requirements direct with my butcher, such as a rack of lamb rather than cutlets.

Easter Lamb will be ready for you on the 1st April. It can

either be collected from Horringer Farmers' Market, delivered for free within a 7 mile radius of Stansfield, or collected from my home by appointment. If you missed the delivery deadline, do get in touch, I may be able to fulfil your requirements with stock from our freezers.

I very much look forward to meeting you.

Chloe



Advertise your Business

Not only will you appear in over 700 copies of the Parish Pump, it will be hand delivered to all homes in **Stradishall, Stansfield, Hawkedon, Thurston End, Poslingford, Assington Green and Denston**. Also available in **Clare, Cowlinge and Wickhambrook**. You will also be included in our online edition, landing in over 400 email inboxes.

- Special rates for front or back page adverts
- We can help with your advert design.
- To discuss your advertising requirements, contact;

Peter Thompson
e: parish.pump@gmail.com or please ring 07711689171

Debt and Finance

Don't fall victim to a loan shark. A money lender has to be authorised by the Financial Conduct Authority (FCA) to lend money legally. Money lenders who aren't authorised by the FCA are breaking the law. They are known as loan sharks.

Loan sharks often work from home, charge very high rates of interest and don't give you much paperwork to confirm the arrangements they've made with you. A loan shark usually has lots of customers and lends money like a business, but their lending is illegal. Loan sharks often take other illegal action to collect the money they've lent you, such as threatening violence or taking away your credit cards or valuables. In extreme cases, they've been known to force non-payers into prostitution and drug dealing. If someone who has lent you money threatens you or is violent - contact the police straight away. The England Illegal Money Lending Team (IMLT) is the government body behind **Stop Loan Sharks**. The team was set up in 2004 to investigate and prosecute illegal money lenders while protecting those who have borrowed money from a loan shark. Since its launch, the England IMLT have supported over 30,000 people and written off over £83 million worth of illegal debt.

When you report a loan shark to Stop Loan Sharks the organisation will support you every step of the way. The investigation team work alongside specially trained liaison staff who will provide you with one to one emotional and practical help.

LOAN SHARKS ARE ILLEGAL

**DON'T GET
BITTEN BY A
LOAN SHARK**

We can help you
(in the strictest confidence)
Tel: 0300 555 2222
Text us on: 07860022116
Email us:
reportaloanshark@stoploansharks.gov.uk

#StopLoanSharks
Website: stoploansharks.co.uk



STOP LOAN SHARKS

Food Banks: Reminders of where these are;

- **Gatehouse**, Bury St Edmunds, [01284 754967](tel:01284754967). Referral/registering required.
- **Still Good Food**, Bury St Edmunds, stillgoodfood@gmail.com.
- **Haverhill Foodbank**, Resource Centre & Chalkstone Community Centre. [01440 712950](tel:01440712950).
- **Newmarket Foodbank**, Newmarket. [01638 561711](tel:01638561711). Referral/registering required.
- **Hundon Community Pantry**: All Saints Church, Daily, 10am - 4pm. Pet food is also available here.
- **Clare Community Pantry**: St Peter & St Paul Church, Pet food is also available here.
- **Pop Up Shop** - Fill a large bag for £2. Newmarket Catholic Church, Every Thursday 11am.
- **Vineyard Church**, Bury St Edmunds, Mon, Tues, Thurs, Fri 9am—1pm. [01284 765874](tel:01284765874).

Get help with the cost of living from your local Council.

You may be able to get help with essential costs from your local council. This is sometimes known as 'the Household Support Fund'. This could help if you're struggling to afford things like:

- energy and water bills
- food
- essential items
- Your council may also offer food vouchers to families during the school holidays.

Who the Household Support Fund is for?

Funding is aimed at anyone who's vulnerable or cannot pay for essentials. You do not have to be getting benefits to get help from your local council. If you get benefits, they will not be affected if you get a payment from a Household Support Fund scheme. Each Council decides how to run their schemes. There may be differences in each area such as:

- eligibility criteria
- if or how you need to apply
- who money is given to

For example, some councils share out money through local charities and community groups and some limit household applications to one per year.

Other help you can get

You can also:

- check if you're eligible for a cost of living payment.
- check what benefits and financial support you can get.
- get council tax support if you're on a low income or get certain benefits.
- get a discretionary housing payment if you're struggling with your rent.

Check with West Suffolk Council to find out what support is available. If you are unable to use the internet (westsuffolk.gov.uk) Customer Services can be reached on: 01284 763233



Rural Coffee Caravan
Making a difference to rural communities throughout Suffolk

Come and share a pot of tea, our welcome is warm and our friendship free!

We'll be visiting
Stansfield Village Hall
Hall Lane, Lower Street, CO10 8LW

Next Visit: Thursday
20 April 10am - 12 noon

We would like you to have the opportunity for some company and a catch up with your neighbours over a cup of tea or coffee with biscuits and cake. We bring a great source of information along with the free refreshments.

We look forward to seeing you.

All Welcome!

Information on board
"come in for a chat..."

www.ruralcoffeecaravan.org.uk tel:01379 855 338

The Queen's Award for Voluntary Service
Rural Coffee Caravan Warm Homes
Meet Up Mondays™
More Than A Shop
Coffee and Charity Events

Rural Coffee Caravan is a registered charity. No 1187673

Need to talk about your water bill?



"Hello, I'm Leah and I work in the Extra Care Team at **Anglian Water**. I spend my days making sure our customers are getting the financial help they need from us. It's been a hard year so we appreciate you may be struggling right now, and we're here to help.

The best part of my job is that I can genuinely help our customers and make a difference in their lives, in even the smallest ways. Whatever your situation, we'll work together on a way forward that's tailored just for you. We'll see if you're eligible for discount of up to 50% on your bill, agree an affordable payment plan, or guide you to external help and benefits. Just get in touch and our Extra Care team will ask you a few simple questions to see how we can help."

Find out more here. [https://www.anglianwater.co.uk/.../extra-care-support/...](https://www.anglianwater.co.uk/.../extra-care-support/)

Or by calling 03457 919 155

love every drop
anglianwater

Smallholding by Chloe Gridley



March is one of the busiest months of the year, but also the best in my opinion! Not only is it the start of spring when the weather

brightens up and the flowers begin to bloom but there is also a lot of new life on the farm to celebrate. I look forward to lambing. It's such a rewarding time of the year. New beginnings and new

targets to achieve. It is a very tiring time, I am up all hours of the day, just napping throughout the night to get 'some' sleep in, regularly checking the ewes to

see if they need my help. We have a lot of first time lambers in this year, meaning it is their first year lambing, and therefore they might need my help delivering their lambs safely, making sure the lambs are healthy and that the ewes are not struggling unnecessarily. Being up most hours of the day is



exhausting however its all worthwhile seeing new lives enter the world. This year we are expecting a total of 148 lambs, as I am writing we have 88 new-borns... healthy, happy and enjoying playtime with their friends in the nursery. We have had lots of twins, some singles, and triplets. We also had one set of quads, although we were not expecting this it can happen when a ewe is scanned with triplets, the 4th lamb can sometimes hide from the scanning camera. This was a lovely surprise, and they are all doing very well. With triplets and quads, the mums will struggle to support all the lambs, so



we help them out and give the best future possible to each lamb by giving two of them a bottle feed, it is better for the mum, not having 3 or 4 to look after.

This is better for the lambs too as they can have as much milk as they can drink from the bottle and are not having to compete with their siblings for food.

We are currently in week 2 of lambing with a further week and a bit to go. It is going to be a busy 10 days ahead! The lambs will soon be going out on the fresh spring grass, where their mums can munch away while they bounce around and play with their siblings and friends in the fields.

These fields are where the lambs will stay for their entire lives, having space to roam and express their natural behaviour and munching on the fresh, sweet spring grass and herbal leys. Keep updated and follow us on Instagram and Facebook to see our lamb pictures!

Our second farmers market in Horringer, held on the first Saturday of March, went very very well. Only being our second time there

and we almost sold out! Yet again I was overwhelmed by the support of the local community, supporting what we do and

wanting to taste for themselves. We have committed to being at the monthly market with a selection of fresh lamb, including legs, shoulders, cutlets, chops, mince, neck fillets, leg steaks, lamb shanks and lamb mint burgers and will be there every first Saturday of the month 9am-12 noon in the community centre if you wish to pop along!

As well as the farmers markets, I am continuing to do half and whole lamb box orders for the first weekend of every month, these include leg and shoulder joints, cutlets, Barnsley chops, chump



chops, mince, neck fillet and offal (by choice), contact me to reserve yours. If you would like to be added to our mailing list to keep updated of when we have produce



LAMB BOXES

Ready to order now!

Traditionally reared the old-fashioned way - slow grown and grass fed. High welfare meat with the best flavour. Reserve yours today to avoid disappointment!

Each box includes:

Leg, Shoulder (whole or halved)

Double chops, Rump chops, Cutlets,

Neck fillet, Mince

(Offal: liver, kidney, heart - by choice)



Whole lamb: £210

Half lamb: £105

Tel/text: 07496 303 604, Email: chloegridley@gmail.com

#Instagram/facebook: Chloe's Farm Produce



**Local
Honey by
Philip
Draycott**

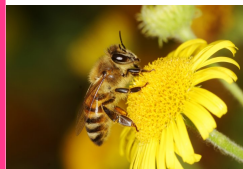
The delicious honey is produced by my bees from the flowers of Wickhambrook. It comes straight from the hive without any treatment.

Available in one pound jars or thirty pound buckets from which it can be readily home bottled. The cost is £5 per pound in jars or £3 per pound in the buckets.



Please email me with your order

p.draycott@btinternet.com



A NIGHT WITH
Elvis Presley
SATURDAY 22 APRIL

**A NIGHT OF LIVE MUSIC
@DENSTON VILLAGE HALL
BRING YOUR OWN DRINKS
AND SNACKS**

19:30-LATE

£12 PER TICKET

BOOK NOW!!

**PHONE
01440 820675
OR EMAIL**

DENSTONVILLAGEHALL@GMAIL.COM

Made with PosterMyWall.com

Poslingford defibrillator



Poslingford Parish Council have now had a Defibrillator installed in our phone box.

This would not have been possible if we had not received funding from our District Councillors.

Training is currently being arranged for anyone in the village to learn how to administer CPR in conjunction with using the Defibrillator. Details are on our Face Book page and the notice board.

The parish council would like to thank all those involved in the preparation, funding & installation of this life saving piece of equipment

DENSTON'S CORONATION WEEKEND



Sunday 7th May

Coronation Big Lunch

Join a bring-your-own picnic on the Village Green from 12.30pm



Monday 8th May

The Big Help Out

An opportunity to volunteer to support the village

Meet at the church gate at 9.30 am
Coffee/tea/cake provided Contact

Hilary with numbers

Email:misshbradfield@gmail.com



refinedblinds

A bespoke service for all domestic blinds throughout Suffolk.

Makers and installers of a wide range of window blinds, from Venetian to Roman, Vertical to Wooden.

01284 388 779

refinedblinds.co.uk

Refined Blinds was established in summer 2018. After spending the previous 19 years working in the trade, owner Adam Steggles decided to start his own company with a view to being an independent local trusted company that can offer the complete service from visit to installation. In the summer of 2019 he was joined by skilled blind maker Wendy Mudd who herself has over 25 years experience and together they are able to offer guidance and expertise from the first time you make contact with Refined Blinds to the final installation of your chosen window dressing. At their workshop at Overland Business Park, Great Whelnetham they manufacture many of the blinds they offer and with the recent addition of more space

at the workshop will be expanding on what they currently manufacture. With focus on customer driven service and attention to detail, they strive to consider all details relevant to your needs and have more than once created completely bespoke one off designs based on specific requirements and circumstances.....they enjoy the challenge! With so many products on offer there will always be an option no matter how challenging the brief and in our more technology driven society they are finding motorisation of most available window coverings is becoming ever more popular. No window is too small and it's a totally no obligation visit from Refined Blinds to see if they can help you find the right blind for you!



Good Friday, 7th April. Walk of Witness.

Meet 10am in large MSC. Car Park, Wickhambrook.

Hymns and Readings and walk behind the Cross to the Methodist Church for a short service followed by tea/coffee and hot cross buns.

Please join us. You will be very welcome!

St Mary's Lidgate

Janet 01638500587
janetmitson587@btinternet.com

St Mary's Lidgate has the only Stations of the Cross in the Benefice and on Good Friday April 7th at 3pm we will be holding a short service of dedication walking around the Stations, everyone welcome. The Easter Day service is at St Mary's too at 10am. Everyone welcome to attend this also. I have no idea what the church has planned, don't think we have heard from the Bishops yet or if we have I have missed it but if bells are needed to ring then that will be done.

We will be holding our usual Farm Walk later in the year, always well attended and very informative, courtesy of Will's Estate and led by the farm manager Graham Flux. Dates to follow.

The Star is running events on the Monday here. They will take place on the playing field and although plans are not finalized it should take the form of a Fun Day, games, music other activities from midday on the Monday. Alex from the Star will be co ordinating everything,



STRADISHALL VILLAGE
CORONATION
CELEBRATION

Bring Your Own Picnic, Table & Chairs

Games For Everyone

SUNDAY 7TH MAY FROM 12 NOON
PLAYING FIELD STRADISHALL

MARQUEE & PORTALOO PROVIDED
 Help is needed to erect the marquee and bunting on Saturday 6th Many at 10.00am
 For more information contact: philiprous@hotmail.com

STRADISHALL VILLAGE EVENTS CALENDAR

DATE FOR THE DIARY 2023

Saturday 8th April	Family Easter Day, 2.30pm, Stradishall church.
Sunday 7th May	Stradishall Coronation Celebration, 12.00 noon, playing field.
Saturday 13th May	Historic Tractor Run, start at the playing field.
Saturday 3rd June	“The Dig”, talk by Charlie Haylock, 7.00pm Stradishall church.
Sunday 2nd July	Family village BBQ, Hill Farm Stradishall.
Saturday 5th August	Flower show, Stradishall Church.
Sunday 6th August	

2022 proved to be a very successful year for the village gatherings and 2023 is looking to be *even better*. These events are organised and run by a group of volunteers whose aim is to raise money to repair the Church and create a Community Centre for the village.

Please do support these events: whilst donations are always appreciated, we would be just as delighted to see you for a cup of tea and a chat. We are always open to new ideas and suggestions and if you would like to get involved, drop Philip a note at philiprous@hotmail.com

Keep following for details and watch for more events to be added soon.

FAMILY EASTER DAY

Book sale

Easter egg
hunt

Saturday

8th April

2.30pm

Craft sale

Cakes
for
sale

Refreshments

Other activities

Guess the weight of the Easter Cake

Stradishall Church



Property of the month

£400,000 Denston, sold with no onward chain, 2 Bedrooms, lovely outside space, large workshop and summerhouse. Call now to view.

March has been very good to those of us dealing with property. News from all kinds of economic experts saying that the British economy is doing better than expected, mortgage interest rates coming down and staying steady, and the cost of living expected to decrease over the coming months are all promising signs. All we need now is a bit of sunshine and the housing market is primed and ready to go.

We have plenty of properties coming on over the coming weeks, and plenty of buyers waiting to purchase. As an Agency we guarantee the cheapest fee of any local Agent by price matching our fees each week. As well as guaranteeing our vendors we can achieve the best possible price for your home by marketing each property on every major platform, including Rightmove, Facebook, Zoopla, Prime location, Instagram, Twitter and On The Market along with many others. Therefore if you want to showcase your property to the whole of the market, for the cheapest local fee, then please do give us a call, we'll be pleased to have an informal, friendly, no obligation chat with you, from any of our office locations.

Wickhambrook	01440 979980
Bury St Edmunds	01284 22 10 22
Newmarket	01638 28 29 30 (from April 4 th)
Cambridge	01223 902 450
London	0333 444 3550

Plus if you are looking to purchase elsewhere in the country we have several other offices that may well be able to help, so please do give us a call.

Have a great month, Lee and the team



Lee Wilkinson
Regional Partner - East Anglia

01440 97 99 80
07949 448 428
lee@barrypassmore.co.uk
www.barrypassmore.co.uk

BarryPassmore
& Associates

CHARTERED SURVEYORS, VALUERS & ESTATE AGENTS

Coverage throughout England & Wales

EAST ANGLIA
1 Cuttush, Newmarket, CB8 8XN



BarryPassmore
& Associates

CHARTERED SURVEYORS, VALUERS & ESTATE AGENTS

Bury St Edmunds 01284 221 022
Wickhambrook 01440 979 980
London 0333 444 3550
Newmarket 01638 282 930
Cambridge 01223 902 450







SOLD

www.barrypassmore.co.uk




Village property specialists in West Suffolk & East Cambridgeshire

RICS



WATSONS

PLANTS


Watsons Plants is bursting with a beautiful array of perennial plants. The quality of our plants is second to none and we are confident they will be thriving in your garden for years to come. We have a substantial choice of quality shrubs and garden plants at hugely competitive prices.

For the discerning gardener or enthusiastic beginner, we have something for everyone.

enquiries@watsonsplants.co.uk watsonsplants.co.uk

Watsons Plants Ltd, Bury Road, Depden, Bury St Edmunds, Suffolk, IP29 4BU

Louise Watson 07952 638016 Chris Watson 07941 640560



Country Cooking with Louise Mackrill

SPRING ONIONS

This month we are welcoming the arrival of spring by celebrating our very own spring onion.



Spring onions are a good source of vitamins B and C, folate and fibre. Onions are relatively high in flavonoids, an antioxidant that is thought to protect against cancer and heart disease. Make some champ by folding chopped spring onions into creamy mashed potatoes, add some grated cheddar if you like, and marvel at how such a simple dish can taste so fantastic, particularly alongside some of our local slow-braised pork as per the recipe below

Slow-braised pork in cider vinegar sauce

2 lb pork shoulder, cubed
1 onion, diced
2 tablespoons oil
1 oz butter
1 pint Aspall's cider
5 fl oz cider vinegar
Fresh thyme
2 tbsp crème fraîche
Seasoning I use a chicken stock cube)
Salt & pepper
Heat the oil & butter in a casserole & brown the pork all over, add the onions for a few minutes, followed by the cider, vinegar, thyme and seasoning and bring to the boil. Transfer to the oven, without a lid, for about 1 ½ hours until the liquid is reduced and the meat is tender. Discard the herbs, stir in the crème fraîche and bubble away on the hob until further reduced. Check the seasoning and serve with a pile of champ.

NETTLES

Not only are they free, nettles are amongst the most nutritious of wild foods. When cooked the sting disappears leaving behind a delectable herb packed with more vitamins and minerals than you can imagine. I urge you to try this abundant springtime super-food.

Wild nettle soup

Pick your nettles at 4 – 10" tall before

they flower, wearing gloves of course! Instead of listing a recipe with exact amounts I'm going to tell you how I make this soup - then how much of each ingredient is up to you and your individual taste.

Sauté some onions, garlic & potato, then pour in plenty of water and/or vegetable or



chicken stock to half way up the pot and bring to the boil. Stuff the pot full of chopped nettles and continue simmering until potatoes are soft. Then blend adding milk or cream, season and serve. Easy peasy!

RHUBARB

Rhubarb's intriguing, astringent flavour has many more vibrant uses than puddings although the luscious partnership of rhubarb crumble & ginger ice-cream sits at the top of my 'favourite desserts' list ... Rhubarb is incredibly versatile with many culinary uses. It can be stewed, roasted, baked or boiled. Try it in cakes, pastries,



jams, pickles, chutneys, conserves, sauces, soups and, of course, wine. It can add a glow to vodka or a blush to cordial too. It plays nicely with fatty meats and oily fish. It really is a lovely vegetable - yes, rhubarb IS a vegetable.

Caramelised rhubarb with calves' liver

Liver needs a touch of sweetness to counterbalance its iron flavour so the combination of sweet balsamic-caramelised seasonal rhubarb with the juicy pink livers works really well here and is incredibly pretty on the plate & delightfully spring-like. Great with



chicken livers too. Serves 4

Olive oil

4 slices of calves' liver, membrane removed

3 sticks pink rhubarb, finely diced

1 tsp sugar

2 tbsp balsamic vinegar

Heat a frying pan until it is smoking hot. Season the livers with salt & pepper, then add a dash of olive oil to the pan. Add the calves' liver, in two

batches if your pan is small, so the meat browns rather than sweats. Sear on both sides for a few minutes, then remove to a warm plate. If you overcook the liver it will turn grey & rubbery & will lose its flavour.

Add 1 tbsp olive oil to the pan along with the rhubarb, sugar, balsamic, salt & pepper to taste. Fry for a minute then remove from heat.

I like to serve the liver sitting on a bed of pretty, lightly dressed salad leaves with the caramelised rhubarb poured on top, but it is equally good with some early Jersey Royal new potatoes & spring greens.

Gardening with climate change -
what we can do!



Save the Date!

12 August 2023

West Wickham Village Hall, CB21 4ES

This is a unique opportunity to find out how climate change is impacting our gardening, and how we can adapt.

* Speakers * Plant sales * Discussions * Exhibits * Advice
* Wildlife demonstrations * Book sales * Children's activities
* Refreshments * Lots more....

The day is being jointly organised by local gardening clubs in Cambridgeshire, Suffolk and Essex. Everyone is invited, admission is free, so save the date, and we look forward to seeing you in August!

More details to be announced shortly.

Gardening with Climate Change – Planning Group
Contact email: sueboase@hotmail.co.uk

A1 CARS

SUFFOLK (LTD)

24 hour taxi and
Executive Service
Airport Transfers

book@a1cars.co.uk

www.a1cars.co.uk

01284 766 777

Try our new app

Search A1 Cars Suffolk on the App Store or Play Store

KEDINGTON MARKET

First
SUNDAY
Monthly

9:30 - 12:00

Foods * Crafts * Café

Your Local Handyman Service

- Professional Painter & Decorator •
- General Handyman •
- Flat pack assembly •
- Garden Maintenance •
- Removals and clearance •

We are time served and professional.
Offering a friendly, reliable & efficient service

Contact us today on 07812 134267

ART EXHIBITION *THE SOMERTON SET*

An exhibition of Suffolk artists curated by painter, illustrator and muralist
RUI PAES

**LAVENHAM HALL GALLERY HALL STREET,
LAVENHAM, CO10 9QX**

Saturday, 15 April – Saturday, 22 April 11am – 4pm daily

Late Opening: Friday, 21 April until 7pm Sunday, 23 April: 11am – 3pm

The Somerton Set is putting on their third exhibition this month. The venue is the Lavenham Hall Gallery – not far from Lavenham's wonderful historic church, also worth a visit.

The Somerton Set is a group of Suffolk artists who meet weekly in Hawkedon with Rui Paes, who has curated the exhibition.

Rui Paes is an internationally-known painter, illustrator and muralist. He established The Somerton Set in 2013. Alongside his studio work, Rui has painted murals all over the world and illustrated eight books, including the bestselling children's book *Lotsa de Casha* by Madonna. Visit his website: www.ruipaes.com

Oils and acrylics by Janey Auchincloss, Gill Bailey, Louise Drayton, Sue Glasgow, Nicola Gooch, Julie Jolly, Anna Laflin, Jackie Lewis, Elisabeth Maguire, Anna Ponton, Sandy Pritchard-Gordon and Tina Rice will be on display and for sale.

Current work by sculptor Kate Denton is also on show.

Lavenham Hall Gallery, Hall Street, CO10 9QX, April 15 – 23.

Open 11am-4pm daily. Sunday, April 23 closes 3pm. Late night: Friday, April 21 until 7pm.



NORFOLK MARSHES Elisabeth Maguire



CONVERSATION Julie Jolly



SHAPES & RHYTHMS Sue Glasgow



ANGELA'S FORBIDDEN SOFA Nicola Gooch



Mary Cleaver



By Mary Cleaver, Partner—Duty Solicitor and Higher Courts Advocate. Mary qualified as a solicitor in 1996 and has practised in Suffolk and Cambridgeshire for her whole career. “My area of practice is in family law, representing those who need advice and support in relation to the making of child arrangements on the break down of relationships. Osler's solicitors also conducts criminal defence work both at the police station and court, and prepares wills and Lasting Powers of Attorney”. Please email your questions for publication to parish.pump@gmail.com

Parental Alienation

You may recall that I reported recently on the problematic concept of ‘parental alienation’. The matter is being considered by parliament, with Taiwo Owatemi, MP, opening a debate urging an inquiry into unregulated psychological experts being used in high-conflict disputes to diagnose whether one parent has attempted to “alienate” their child from the other. This was precisely the issue that I raised. Whether a child has been manipulated by one parent to be opposed to spending time with the other parent is serious because of the damaging effect it would have on that relationship and therefore upon the child. It is understandable that the court has listened to parents who claim that a child has been negatively influenced because its guiding principle is the welfare of that child. However the

court must also have in its mind that claims of parental alienation can be used as a tactic by one parent to undermine the other, sometimes to deflect an allegation of domestic abuse, or just to minimise the other party’s position by portraying them as ‘mad’ or ‘wicked’. When in doubt, the court can ask experts to assist, or a party might want to call an expert witness. Speaking about the self styled ‘experts’ that have proliferated, Owatemi told the debate: “Not only are utterly unqualified individuals being allowed to testify as supposed experts in these cases, the Children and Family Court Advisory and Support Service (CAFCASS) too has overseen the rise in such allegations” This criticism of CAFCASS is based upon what is seen as being a pro-contact culture within the family court and the concern that one

party’s attempt to protect children from a violent ex-partner is undone if parental alienation is raised and then identified by an unregulated psychological expert. The courts also came under criticism for having a ‘contact at all costs’ attitude in last years Harm Report. Our senior judge in the family division, Sir Andrew McFarlane, published a landmark judgment last month stating there was a “need for rigour” when instructing psychologists to give expert evidence but whether there needed to be a better regulatory framework was a matter for parliament to debate and decide. It seems like the process has begun.



Happy Easter to you all



PEST PROBLEMS SOLVED BY LOCAL SPECIALIST

Anglia DOMESTIC • COMMERCIAL • AGRICULTURAL
PEST MANAGEMENT 

insects ✓ birds ✓ moles ✓ rabbits ✓ rats ✓

Based in Lawshall
Contact Tim Cox

- 24hr call out / 7 days a week
- Contract or individual treatments
- Traditional methods with modern technology
- Discreet service - unmarked vehicles
- RSPH and BCPA trained and qualified
- NPTA member
- £5million public liability



01284 831 042
07776 205 346

info@angliapestmanagement.co.uk | www.angliapestmanagement.co.uk

REWIND
GOOD TIMES

With over 15 years' experience let us take care of your themed parties, DJ, music and events

Call Dan on
07812 134 267

Ciné Clair

Where your Library...
...becomes your Cinema

Doors open 6:30pm, show starts 7pm at Clare Library, CO10 8NY.



27 APR- DOWNTON ABBEY: A NEW ERA

The much-anticipated cinematic return of the global phenomenon reunites the beloved cast as they go on a grand journey to the South of France to uncover the mystery of the Dowager Countess' newly inherited villa. Starring Hugh Bonneville and Maggie Smith.



25 MAY- I WANT TO DANCE WITH SOMEBODY

The trailblazing story of Whitney Houston (Naomi Ackie): how a humble New Jersey choir girl rose through the ranks to achieve superstardom as one of the greatest singers of all time and how she met a tragic end. Also starring Stanley Tucci and Clive Davis.



29 JUN- LIVING

The story of an ordinary man who at the eleventh hour makes a supreme effort to turn his dull life into something wonderful. A simply exquisite film that leaves the viewer appreciative of what's really important in life. Starring Bill Nighy, Aimee Lou Wood, Alex Sharp and Tom Burke.

All proceeds go directly to Friends of Clare Library

Clare Library, Guildhall, High Street, Clare, Suffolk, CO10 8NY. 01787-277702

B Z Alexander Ltd Chartered Accountants

For all your business requirements including:

Accounting

Self assessment tax returns

Bookkeeping

Payroll

Initial consultation **FREE OF CHARGE**

Contact Stefan Bransby-Zachary FCA

Located in Denston

Tel: 01440 820 675

Email: stefan@bzalexander.co.uk

Chimney Matters Town and Country



Professional Chimney Sweeping

Fully Insured

Mobile : 07767 864127

Phone: 01284 789663

www.chimneymatters.co.uk

Young People of the Year

Reveals, Recognises and Rewards Positive Role Models

Tony Gearing MBE

Founder, YOPEY (charity 1145573)

email: tony@yopey.org

tel: 01440 821654

mob: 07711 255 675

Woodfarm Cott, Bury Rd, Stradishall, Newmarket CB8 8YN

www.yopey.org | yopeybefriender.org



PLUMBING SERVICES LTD

PLUMBING • OIL • HEATING

- All aspects of plumbing
- Oil boiler servicing & breakdowns
- Boiler & oil tank installations
- Vented & unvented cylinders
- FREE quotations

• www.headplumbingservices.co.uk

@ iain@headplumbingservices.co.uk

☎ 01440 820927

☎ 07920 515297



Registered Company
No. C101982

Problem Page with Carol Reay-Glover



CAROL is a trained counsellor living locally who can offer advice on personal problems, such as relationships, divorce, child issues, employment, depression - or general worries. Email her in complete confidence at carolreay1@icloud.com

Dear Carol

I have been working for over 15 years in something I don't like. I won't say what in case someone knows who I am. Anyway, I found out recently I could actually retrain as a nurse which is something I have always wanted to be. I just can't decide. I'd have to take a pay cut and everyone knows how hard the NHS people work. Also my mum says it's a girls' job not for men. I know that's not true but it influences me. But I can't stop thinking about it and feeling excited. Should I be sensible and stay with my current job? Or take the risk and follow

my heart?
B

Dear B,

What an email to receive!
Sometimes my role is simply to try to hold up a mirror and enable you to see clearly what you have told me.

I am not you, have only a short email to go on and know that counsellors do not tell people what to do. You are the expert on you. So I won't answer your direct question to me.

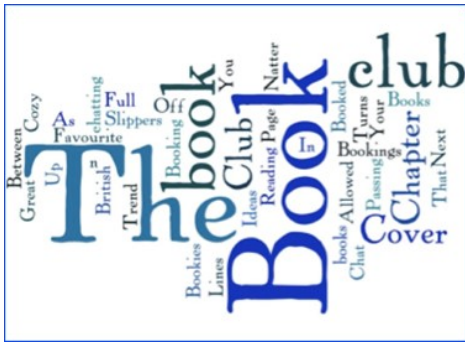
However you tell me that you don't like your current job, that you have always wanted to be a nurse, that you can't stop thinking about it, that it excites you and that it would be following your heart. The down sides you say are less money, hard work and that your mother mistakenly genders nurses as only female. You sound like someone who wants to do this.

That's what I read here.
I hope you make your choice and feel at one with whatever that choice is B.

I wish you great luck.
Carol

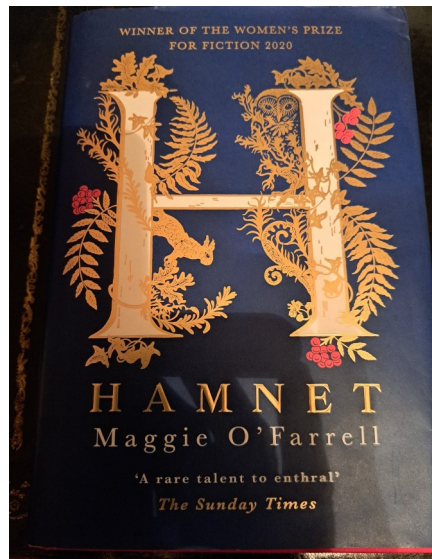
Monthly rainfall 2022/23: mm collated by Rod Taylor

2022/23	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan23	Feb
Nick Burton-Stradishall	64	35	13	29.5	26	7	60	40	62.5	121	50	42	5.5
Tina Lee-Stradishall	48	29	11	22	26	6	68	22	66	117	45	50	1
Sam Slater-Stansfield	69	36	12	28	31	5	61	88	63	106	N/A	36	4.5
Rod Taylor-Stansfield	72	40	15	30	40	10	74	50	62	122	53	54	6
Jay Gridley-Hundon	77	34	15	37	30	5	66	42	58	118	50	40	4
Victoria Pakenham - Fenstead End	51.5	32	13	24	10	4	56	41.5	57	110	54	45.5	5.5
Elaine Plumpton -Gt Saxham	71	38	8	30	44	11	70	49	72	128	60	60	4



‘I absolutely loved it!’ was one member’s impassioned response to Maggie O’Farrell’s prize winning historical fiction, *Hamnet*, inspired by the death of William Shakespeare’s son in 1596. The rest of us shared in the enthusiasm for this rich and imaginative novel where the author recreates the lives of a host of individuals that were hitherto footnotes in history. The main protagonist is Shakespeare’s wife, Agnes, (more widely known as Anne) whilst the Bard himself is rather marginalised and is never actually named. We liked this technique of keeping him in a nameless state – referred to only as ‘husband’ ‘son’ ‘father’ ‘Latin tutor’ – agreeing with the author that it helps keep the reader ‘submerged in the narrative’ (O’Farrell ‘On the Significance of Names’ 2021) without being distracted by his name and all that we know about him. ‘Vivid descriptive details transport the reader back to Medieval England, specifically to Shakespeare’s home in Henley Street, Stratford, which is bustling with everyday domestic chores and the ups and downs of family life, and later on to London when one can almost smell the ‘cabbage heads and burnt hide and bread dough and filth from the street’. The powerful opening pages immediately captivated our attention as we were at once caught

up in the nightmarish world of eleven year old Hamnet who, ‘utterly confounded to be so alone’, is frantically searching for someone to help with his twin sister who is very unwell. A terrifying experience and for the absent mother ‘it will lie at her very core, for the rest of her life’. Grief and loss are at the centre of the book and as such it was a challenging read and sometimes difficult to push forward knowing that there will be the death of a child. It takes the author a long while to get to the death – but as one reader said, once she gets there she can be forgiven everything because



O’Farrell really can ‘do’ grief so very well.

During the long build up to the death of *Hamnet* the timeline goes back and forth between the 1580s and the 1590s. Through her courtship, marriage and the birth of her children we get to know Agnes and her most intimate thoughts and feelings so that when tragedy strikes

we are with her in her grief every inch of the painful way. There is the endless pining and searching, the inertia and anhedonia, ‘the many different ways to cry’ and the brutal realisation that ‘here is a world moving on without him’. Some of us actually found this reading quite therapeutic as it helped with processing our own personal experiences of loss. Different ways of coping with grief are validated – Agnes must stay in the family home to be near her dead son but her husband can’t bear to stay and neither can handle the other’s response. In the last chapter there is an intense and deeply moving reimagining of how they might have been reconciled when Agnes goes to see *Hamlet* the play and finds her son again – ‘her husband has brought him back to life in the only way he can’.

Whilst we were all impressed by the book and would readily recommend it, we were prepared to admit it could be seen as rather overwritten and slow paced – although the author’s propensity to procrastinate does give rise to some fascinating interludes, such as the one which tells the detailed story of how the plague travels by way of a flea from Alexandria to Stratford! With such a thought provoking book there was certainly no shortage of lively discussion and we eventually settled on a rating of 4 out of 5 stars.

For our meeting in April we will be reading *Greenwich Park*, a thriller by Katherine Faulkner. If you would like to join the book club please contact Anne at annedennis1@live.co.uk or

Harris & Harris Books

- Two floors of new and old books for readers of all ages
- Fast ordering service
- Books posted worldwide
- Gift certificates available
- Email for bookshop events and newsletter

7b High Street,
Clare
CO10 8NY

DENSTON VILLAGE HALL 100 CLUB

March 2023
Results are:-

Gwen Gregory	£20
Selina Hopkins	£10
Sheila Bradfield	£ 5

Rothwell's Carpet Cleaning

Carpet Cleaning & Stone Floors, Upholstery, Rugs

A few points that make us stand out,

Rothwell's has been in business since 1993
We're an honest local family firm.
Our large truck mounted machines mean more
cleaning & drying power for excellent results.
Members of both the NCCA and TACCA.
We will move the furniture.
100% satisfaction or it's FREE.



*Call Oliver and Max Campbell
for expert help today.*

01638 428 060 www.Rothwells.biz

Wickhambrook Local History Society March

Our planned speaker for the evening was laid low by Covid so we were very lucky to have **Martyn Roper** to talk to us at very short notice. His subject was A Guide to Anglo-Saxon East Anglia, and we had a whistle-stop tour of many sites, some well-known and others more obscure.

Martyn made the point that although the Romans were thought to have been here before the Anglo-Saxons, this was probably not true as there had been trade between the Netherlands and Germany well before the Romans invaded. He thinks many Anglo-Saxons just 'became' Roman for peace and convenience.

We were all aware of the Sutton Hoo Site, the Devil's Ditch/Dyke and the reconstructed village at West Stow, but only a few members had visited the tumuli (3 hills) at Bartlow and St Peter on the Wall at Bradwell, and fewer still had seen Burgh Castle, a shore fort, not for defence but for taxes on goods coming in to the country or Fling Dyke near Fulbourn, a smaller version of the Devil's Ditch, and many of us are planning trips to see these ancient sites.

We also learned of King Alfred's wish that everyone, especially the clergy, should be able to read and write, and in his reign there was a move away from Latin. Martyn attempted to teach us a few words of Anglo-Saxon, not as difficult as it sounds.

We also digressed into the history of Sudbury, Viking invasions and battle sites throughout the area.

Martyn is a very amusing and entertaining speaker and we laughed often during his talk, but he really knows his subject and we all learned a lot.

Our next meeting is on Tuesday 18th April and it is the AGM. We will start at the earlier time of 7pm, and the speaker at 7.30 will be Geoffrey Robinson on a painting to commemorate the Jubilee of King George the Third in 1810.
Dorothy Anderson



Community Defibrillator V.E.T.S Seminar

STANSFIELD VILLAGE HALL

The Community Heartbeat Trust will be demonstrating the use of CPR, Defibs and V.E.T.S (Village Emergency Telephone System) and explaining how the system works and its benefits to the community in saving precious minutes in the treatment of sudden cardiac arrest

**Saturday 15th April at 10am
(refreshments provided)**

The more people that know how to use the portable defibrillator installed in our community, the more chance there is of saving the life of a victim of Sudden Cardiac Arrest

**EVERYONE IS WELCOME FROM ALL VILLAGES.
FOR CPR TRAINING AND HOW TO USE THIS
MODEL OF DIFRILLATOR. DO COME ALONG!**

CLEMENTS CHIMNEY SERVICES

Levi Clements

Local chimney specialist

**Including fitting of
chimney pots,
bird-guard
cowlings, liners
and sweeping**



**Please check our reviews
5.0 ★★★★★**

07810 616837

clementschimneyservices@outlook.com

History Society Stop Press 'The AGM talk will be: The Worlington Golden Jubilee Painting (King George III - 1810)
A Replica Painting To Be On Display.
With Geoffrey Robinson.